

Sample Sober Living House Rules

- 1.** Zero tolerance for use, possession, or distribution of any drugs, alcohol, or other substances.
- 2.** Zero Tolerance for stealing. You may take only that which is freely offered to you.
- 3.** Client's may not damage, destroy, or steal any property of the sober living.
- 4.** Absolutely no sexual interaction between residents, or on sober living property.
- 5.** Zero Tolerance for physical confrontation or verbal confrontation with any staff or resident.
- 6.** All medications must be taken as prescribed by resident's doctor. House manager must be informed of any medications being taken by resident.
- 7.** Visitors must be approved by sober living staff, be free from drugs and alcohol, and be present only at approved visiting hours. Visitors are only to be in community living spaces.
- 8.** All residents must attend support groups such as twelve-step, Refuge Recovery, SMART, etc.
- 9.** Residents must attend a mandatory House Meeting one time a week, every Sunday at 6:00 P.M.
- 10.** Residents must be willing to submit to a drug/alcohol urine screen upon the request of the manager.
- 11.** Residents' rooms must be clean at all times. This includes beds being made, floor being clean, and no food in the bedroom.
- 12.** Curfew is 11:00 PM Sunday through Thursday and 12:00 AM Friday and Saturday for the first 30 days with no exceptions. Curfew may be extended after 30 days by manager approval.
- 13.** Residents must sleep at the house each night unless prior arrangements have been made with staff.
- 14.** Residents are not permitted to have overnight guests. All visitors to the property must be approved by staff and must be off the property by 11:00 PM.
- 15.** Residents must participate in regular house chores assigned by house manger.